

Now you see me, now you don't

It's no easy task being a predator and the risk is ever greater if you are the prey. Imagine you had to play hide and seek for every meal.

Background: This particular game allows participants the chance to imagine they are animals and how easy or difficult it can be when trying to hide from Human.

Instructions:

- Walk down a nature trail (Whistler's Valley Trail near open forested areas is a good location option for this activity).
- Parents/supervisors will act as predators and start the game. The rest of the players are to run and hide along the trail.
- Players can use anything in the natural environment to provide camouflage but it is recommended boundaries do not go beyond 20 feet on either side of the trail.
- After about five or so minutes, when everyone is hidden, the 'predator' will walk the distance of the trail one time and try to find as many 'animals' as possible.
- If found, players must emerge from their hiding place and back to the trail.
- After completing the walk, the 'predator' calls out to the remaining players and observes the location/strategy of the successfully hidden 'animals'.
- Play the game more than once by swapping players into the finder role. Encourage players to test out different hiding techniques each time.
- Afterwards, discuss the hiding places that were most effective, and how animals might protect themselves from predators with different types of camouflage.